



Prairie Star

Prairie Manor Inc.
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"Quality Care with a Small Town Touch" Dec. 2009/Jan. 2010

Christmas Time

*Christmas is a time to reflect
On all that God has done
It's not a matter of what we get
But the birth of the Holy one
It's not about gifts with ribbons and bows
Or Christmas trees tinsel and mistletoe
The Christmas gift given to us
Is Jesus Christ's gift of love*



Administratively Speaking

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Since its inception, the Heather Haus apartments, which are attached to Prairie Manor Care Center, have been classified as 'Independent Living' apartments. What this means is that those who reside at Heather Haus have the capabilities to live independently and on their own; they are able to take care of their basic needs without the assistance of someone else. This has worked for many years but demographics and studies show this is changing and tenant needs are becoming more complex as they "age" in place.

It is because of this that the Prairie Manor Board of Directors has decided to seek a *Housing with Services Registration* and a *Class F license* for Heather Haus. This will allow Heather Haus to offer more services than currently available. The transition should be completed around January 2010 at which time; Heather Haus will become an assisted living facility. Both the Registration and Class F license have been applied for through the Minnesota Department of Health.

Tenants who have health-related needs will receive a nursing assessment by a Registered Nurse (RN) on staff. The nurse and tenant will develop a service plan based on the assessment and a nurse will supervise the tenant's health-related services. A 24-hour on-site staff person will be available to respond to the tenant's scheduled and un-scheduled needs for health related and supportive services.

Health-related services include professional nursing services, home health aide tasks, or the central storage of medication for tenants.

A support service may include: up to three meals a day, opportunities for socialization, house-keeping, laundry, assisting with personal funds, arranging for medical/social services and/or transportation.

A tenant will pay their standard monthly rental charge for the apartment and additional costs will be determined on the amount of extra services given through the health or support service agreements that they sign. The purpose of these services is to allow them the option of remaining in their own apartment as long as possible. Payment for living at the Heather Haus apartments will still be through private pay or a common program known as the Elderly Waiver Program. If a tenant meets the program eligibility requirements their costs are covered through the County. The County sets the rate for services provided to those who need public funding.

Prairie Manor anticipates this new change for Heather Haus apartments to fill a vital need in our community. A recent market analysis conducted by Health Planning & Management Resources, Inc. out of Edina, Minnesota showed a need for assisted living/memory care units for the Blooming Prairie area. The Board of Directors are discussing options along this line as well. We are excited and eagerly anticipate the changes that will be occurring on our campus in the near future.

Mark Robinson
Administrator

From the Desk of Social Services

Prairie Star

I would like to review a few of the Resident Rights. It is important that you be aware of all of your rights and that you let us know if you ever feel that any of these rights are being violated.

You have the right to voice grievances and prompt efforts by the facility to resolve your grievances under the facility's written grievance procedure. This procedure is posted on the Family Bulletin Board. You may voice grievances and recommend changes free from restraint, interference, coercion, discrimination, or reprisal, including the threat of discharge.

You also have the right to file complaints with the Office of Health Facility Complaints, the Minnesota Department of Health, or the Ombudsman for Older Minnesotans. Their addresses and telephone numbers are posted on the front bulletin board.

You have a right to prompt and reasonable response to your questions and requests.

You have the right to examine the results of the most recent survey of the facility conducted by Federal or State surveyors or local health authorities and any plan of correction in effect with respect to the facility, to receive information from agencies acting as client advocates, and to be afforded the opportunity to contact these agencies. Our survey results can be found in the little telephone room across from Therapy.

You have the right to refuse to work for the facility.

I hope you had a wonderful Thanksgiving. Have a blessed Christmas and a fabulous 2010.

Dawn Sheward, LSW
Social Services



Activity News Bites—Seasons Greetings From Activities

The Residents, and Staff of Prairie Manor would like to invite Family to join us for an afternoon of Holiday Cheer on Sunday December 13, 2009. We will be having musical entertainment, goodies and an afternoon of holiday chatter!

The Prairie Manor Staff, including our Board of Directors, Auxiliary, and Volunteers would like to wish our Residents and their families a Joyous Holiday Season!!

The Activities Department is looking for VCRs. If anyone has VCRs that they no longer use and are in good shape, please keep the activities department in mind. Feel free to contact the Activities Department with any questions or concerns.

Kristin Smith, TRS

Prairie Manor Auxiliary

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August 31, 2009

President, Joyce Trom, called the August meeting of the Prairie Manor Auxiliary to order. Members and residents joined in singing the hymn, "Amazing Grace", accompanied by Sandra Novak on the piano. Devotions were read by the Red Oak Grove Lutheran church representative, Norma Hanson. Roll call of those present from each area church was recorded. There were no representatives from First Baptist, four from St. Columbanus Catholic, none from Trinity Lutheran, three from Red Oak Grove Lutheran, none from St. Mary's Catholic and four from First Lutheran. The minutes of the July meeting were read by the Secretary, Martha Walters. Treasurer, Elaine Trotman submitted the report which showed a balance on hand to be \$1,098.48. The only transaction the past month was the donation of \$1,000.00 to Prairie Manor to help fund the purchase of the new wide screen television for the community room.

Mark Robinson, Administrator, reported that they would be setting up security cameras in different areas. There will be two cameras in the dining room, two in the Chapel and one in each hall. They will be sending out letters to resident's families to inform them of this new security measure. The results of the feasibility study regarding a need for assisted living have been received. The study reveals that there is an overabundance of assisted living apartments in the area, but there is a need for assisted memory care units. The results will be presented to the Board of Directors on September 22nd. The State Health Department could come at any time in the near future. September is the last month of our fiscal year. Over the year there has been 93% residency.

Kristen Smith, Activities Director, thanked the volunteers from Red Oak Grove Lutheran Church that served at coffee time on Sunday afternoons in August. This month Prairie Manor residents were taken over to the Servicemen's Club for the American Legion Auxiliary "Flower Show" and luncheon. Also, some residents were able to ride up to the Steele County Free Fair. In September a "Family Fun Night" will be held. Nels Thompson will present a program on Alzheimer's awareness. There will also be dining out at the Pizza Cellar downtown. On September 1st, Dr. Strobel's daughter will present a harp recital. Thank you to Sandra Novak for playing the piano today and for church service.

New Business: Trinity Lutheran Church volunteers will be serving coffee time on Sunday afternoons and the Auxiliary meeting. Ella Benson requested a volunteer to read the meditation for Auxiliary meeting. Jean Wilke offered to do so.

The motion to adjourn was made by Kay Noble and seconded by Jean Wilke. The next meeting will be held on September 28th.



Welcome New Guests

Helen Christianson 9/29/09
 Gloria Eaker 10/5/09
 Jean Cipra 10/8/09
 Evelyn Beinhorn 10/13/09
 Agnes Markham 10/19/09
 Kenneth Magee 10/21/09
 Donald Yerhart 10/23/09
 Cecelia Madson 11/9/09
 Gladys Njos 11/10/09

Discharges

Orville Snater 10/9/09
 Donald Yerhart 10/25/09
 Evelyn Beinhorn 11/8/09



Sympathy to the Families of

Joseph Seykora 9/23/09
 Helen Florek 9/27/09
 Patsy Hope 9/28/09
 Mona Graff 10/12/09
 Grace Miller 10/12/09
 Harriet Miner 10/19/09
 Richard Anderson 10/24/09

December Birthdays

Jeanette Barnholtz 12/1
 Gladys Njos 12/6
 Laura Rayman 12/16
 Violet Kollar 12/17
 Herbert Graff 12/18
 Anna Hillson 12/28
 Betha Mohs 12/30
 Leon Thompson 12/30



November Birthdays

Kenneth Magee 1/14
 Donald Beckman 1/18





Memorial Fund

In Memory of Arlene Bock

Richard & Evelyn Kubista

In Memory of Deloris Tvinnereim

Family & Friends

In Memory of Harriet Miner

Frank & Diane Vorlicek

Family & Friends

In Memory of Bennie Bishop

Sylvia Plunkett

Ken & Lois Winzenburg

Roger & Joanne Sorenson

Roger & Elaine Schmeling

Philip & Jennifer Milton



The Lord's Light Within

Lord we reflect with thankful hearts
On the wonder of your birth
The love you expressed when you left
Your glory to come to earth

For your life was like a beacon, Lord
Shining brightly in the night
Filling the world with the radiance of
The Father's glorious light

And we, too, long to have inside
Your light for others to see
The beautiful reflection of your grace
And the wonder of your majesty

For as your life indwells our hearts
We can shine wherever we are
And arise to take hold of each new day
With your light ablaze in our hearts

So rekindle the flame within us Lord
So it will not flicker nor dim
Ignite us with the light of your love
So you will shine brightly within

