



Prairie Star

Prairie Manor Inc.
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Growth of a Tree



I'm a little maple, oh so small,
In years ahead, I'll grow so tall!
With a lot of water, sun, and air,
I will soon be way up there!



Deep inside the soil my roots are found,
Drinking the water underground.
Water from the roots my trunk receives,
Then my trunk starts making leaves.

As I start to climb in altitude,
Leaves on my branches will make food.
Soon my trunk and branches will grow wide,
And I'll grow more bark outside!



I will be a maple very tall,
Losing my leaves when it is fall.
But when it is spring, new leaves will show.
How do trees grow? Now you know!



Administratively Speaking

Prairie Star

On June 17, 2009 Federal survey and certification regulations were put into effect which will completely change the way a nursing home is surveyed. These new regulations will address issues such as resident privacy, dignity, visits by family/friends/ outside agencies, and personal choice (including bedtime, wake-up time, dining and bathing preferences and “healthcare schedules”) Surveyors are also directed to assess for a “homelike” environment, including proper lighting in all areas of the facility. Unique needs and preferences of each resident will also be taken into account. The surveyor will be looking more at the comfort residents are experiencing rather than the “paper” compliance that has been such a focus in the past.

A successful survey under these new regulations will depend a lot on how staff carry out their daily duties working with co-workers and the residents themselves. If staff feel good about themselves and what they are doing, studies show that residents will also be more content and happier in their environment. Prairie Manor has a history of quality care and that commitment to quality will continue now and into the future.

A recent staff communicator was distributed to all staff showing the importance of how our jobs impact people and the community. This is the motto we at Prairie Manor want to live by:

WE ARE PRAIRIE MANOR

You are who people see when they come home.
You are the eyes they look into when they are frightened, lonely or confused.
Yours are the voices people hear when they walk the halls,
when they try to sleep, and when they try to forget their problems.
Yours is the intelligence in caring that people hope they will find here.
If you are wonderful, so is Prairie Manor. (If you are rude, so is Prairie Manor.)
No visitors or clients can ever know the real you, the you that you know is there,
unless you let them see it. All they know is what they see and hear and experience.
All of us have a stake in your attitude and in the collective attitudes of everyone who
work at Prairie Manor. We are judged by your performance. We are the care you give,
the attention you pay, the courtesies you extend. Thank you for all you're doing.

Mark Robinson
Administrator

Prairie Manor Auxiliary

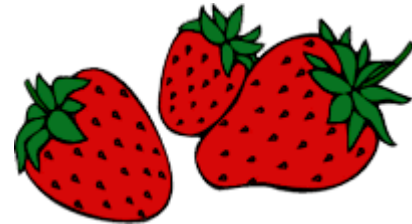
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June 29, 2009

President, Joyce Trom called the June 2009 meeting of the Prairie Manor Auxiliary to order. Members and residents joined in singing the hymn, "Jesus Loves Me." Lavonne Smith read the meditation. Roll call of those present from each area church was recorded. There was no representative from First Baptist, two from St. Columbanus Catholic, one from Trinity Lutheran, four from Red Oak Grove Lutheran, none from St. Mary's Catholic and six from First Lutheran. The minutes of the April meeting were read by Vice President, Kay Noble. The Treasurer, Elaine Trotman, reported balance on hand is \$2,020.81.

Mark Robinson, Administrator, was unable to attend and report.

Kristen Smith, Activities Director, thanked those who served on Sunday afternoons in May. In June, a group of residents will be taken to the Red Oak Grove Lutheran Church's "Strawberry Festival." Two other trips are planned; in June to Jerry's Other Place, in July to Cabela's, the Dairy Queen and a fishing outing and in



August to the American Legion Auxiliary's Flower Show and the Steele County Fair.



Old Business: The quilt for the gurney is still being worked on.

New Business: Discussion regarding old papers from former Auxiliary meetings. Thanks were given to Lavonne Smith for accompaniment and Kay Noble for filling in as Secretary. St. Mary's Catholic Church volunteers will serve in July. Joyce thanked everyone for coming and wished everyone a safe and happy 4th of July.

Norma Hanson moved to adjourn the meeting and Mary Trom seconded it.

The group joined in singing, "My Country Tis of Thee." The next meeting will be on July 27th, 2009.

From the Desk of Social Services

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I am **really** excited to tell you about an upcoming special program we will be having here at Prairie Manor in September.

A family member of one of our residents will be giving a presentation about Alzheimer's Disease (AD). He has been the caregiver for his wife for several years so he has personal experience with the disease and the effects of it. He has given an in-service for our staff and it was **excellent!**

I found some interesting information about Alzheimer's disease on wikipedia.org. An estimated 26.6 million people worldwide had Alzheimer's in 2006; this number may quadruple by 2050. Although each sufferer experiences Alzheimer's in a unique way, there are many common symptoms. The earliest observable symptoms are often mistakenly thought to be 'age-related' concerns, or manifestations of stress. In the early stages, the most commonly recognized symptom is memory loss, such as difficulty in remembering recently learned facts. When a doctor or physician has been notified, and AD is suspected, the diagnosis is usually confirmed with behavioral assessments and cognitive tests, often followed by a brain scan if available. As the disease advances, symptoms include confusion, irritability and aggression, mood swings, language breakdown, long-term memory loss, and the general withdrawal of the sufferer as their senses decline. Unfortunately, there is no cure at this time.

Since Alzheimer's Disease affects almost everyone, I think this will be an excellent, informative and interesting program for everyone. Please be looking at Prairie Manor and in local communities for posters with more details about this special event!

Dawn Sheward, LSW
Social Services



Activity News Bites

Warm Summer Greetings from the Activities Department!! In August we are looking forward to going to the flower show, and the great Steel County Free Fair. If anyone is willing to help volunteer with one or both of those outings, please contact Kristin Smith at 583-4434 ext. 3006 for details.

Also, please watch for details as we are planning on having a Family Fun Night here at Prairie Manor in September! We hope to coordinate this with the Alzheimer's Awareness Night. Again, please watch for details and if you have any suggestions, questions, or concerns, please contact Kristin at 583-4434 ext. 3006

Kristin Smith, TRS

Welcome New Residents

Gwen Christianson 5/18/09
Marian Becker 5/28/09
Robert Becker 5/28/09
Mildred Mahnke..... 5/29/09
Oliver Randall 6/1/09
Agnes Schaffer 6/3/09
Neelan Ferrington 6/4/09
Clara Paulson 6/12/09
Richard Anderson 6/17/09
Joyce Grever..... 6/17/09
Theresa Zipse 6/20/09
Nolan Hartley 6/22/09
Rosemary Naatz 6/25/09

Discharged

Wayne Knowlton 5/20/09
Eyelyn Beinhorn 5/27/09
Kenneth Hatteberg 5/30/09
Gwen Christianson 6/2/09
Oliver Randall 6/2/09
Margaret Beck..... 6/5/09
Ethel Norland 6/6/09
Joyce Grever..... 6/24/09

Sympathy to the Family of

Lillie Greeley 6/15/09

August Birthdays

Georgia Block8/3
Paul Masching8/5
Mildred Mahnke.....8/14
Harriet Peterson8/14



September Birthdays

Donald Brown9/16

End of Summer

When summer gathers up her robes of glory,
And, like a dream, glides away.

~ Sarah Helen Whitman

Memorial Fund

In Memory of Joe Pribyl

Robert & Kay Noble
Esther Hansen
Friends & Family

In Memory of Hazel Brandt

Donna Wigham

**In Memory of Robert E. Thon
(Activity Department)**

Gerald & Marjorie Oxley

In Memory of Lillie Greeley

Chris & Sheryl Mans & Family
Sylvia Swenson
Lorene Williamson
Pam Doerhoefer
Margaret Swenson
Ruby Ward
Adrell Swenson
The Greeley Family

In Memory of Rodney Nelson

Elmer and Evelyn Mees

Chapel Memorials

In Memory of Joe Pribyl

Friends & Family

Heather Haus

In Memory of Joe Pribyl

Merle McNutt



I thought of you with love today but that is nothing new
I thought about you yesterday and days before that too,
I think of you in silence I often speak your name
All I have are memories and your picture in a frame
Your memory is my keepsake with which I'll never part
God has you in His keeping I have you in my heart.