



Prairie Star

Prairie Manor Inc.
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Blooming Prairie, MN 55917
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www.prairiemanorinc.com

Heather Haus
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"Quality Care with a Small Town Touch" Aug./Sept. 2011

The Fair

By: Patty E Padgett



Screams emanating from a carnival ride
Barkers calling to come inside
Children laughing boisterously with glee
As music blares from a calliope

"Step right up and win a prize"
All around you can hear these cries
Squealing babies on the Merry-Go-Round
Pop Goes The Weasel plays as they go up and down

Squeaky Ferris Wheel brings shouts of joy
Shrieks from every fun-loving girl and boy
Sounds of mirth from a giant clown
Amusement abounds, the Fair's in town

Administratively Speaking

Prairie Star

Did you know that nursing assistants - also known as certified nursing assistants (CNA), resident assistant, caregiver are among the fastest growing, in demand occupations in the country. According to U.S. Bureau of Labor Statistics, employment in this area of need is projected to grow 26% by the year 2016 - a much faster growth rate than for all other occupations.

The U.S. Department of Health and Human Services and the U.S. Department of Labor estimate that the nation will need between 5.7 and 6.5 million nurses, nurse assistants, home health aides and personal care workers by 2050.

Prairie Manor Care Center proudly recognizes all employees of the organization and specifically highlights for this article, the certified nursing assistant. What skills does a certified nursing assistant bring to the workplace and what are their specific duties?

1. A certified nursing assistant must be able to read, comprehend and follow policies, procedures and announcements.
2. A certified nursing assistant must be able to locate pertinent information and apply this information to the job required of them.
3. A certified nursing assistant needs to pay attention to and remember straight- forward procedures with some details that may be difficult to notice.
4. A certified nursing assistant must understand how to solve basic problems using
5. a calculator or computer such a measuring liquid input, weighing a resident, etc.
6. A certified nursing assistant must be able to write clearly with few errors. Sentences must be complete and somewhat varied, few grammatical errors should be present and the message should be adequately conveyed.

Major tasks of a certified nursing assistant included but are not limited to:

1. Assist residents with personal care and comfort such as bathing, oral hygiene, grooming and positioning.
2. Take measures, gather data, observe and analyze and interpret patient information.
3. Document and record actions and information.
4. Maintain safety standards for residents and employees.
5. Give feedback and information to other nursing and medical staff.
6. Work with a team of dedicated professionals.
7. Maintain a professional appearance and demeanor.
8. Continue personal development and training.
9. Contend with and resolve conflicts.

Prairie Manor is in the process of becoming a Certified Training Facility for all new nurse aides that apply. This will save the facility money and the nurse aide transportation and time associated with attendance at a local college. Thanks to all nursing assistants who do such a wonderful job at Prairie Manor Care Center!

Mark R. Robinson, Administrator

From the Desk of Social Services

Prairie Star

I would like to spend a little time again reviewing a couple of the Resident's Rights. If you ever have any questions about these or any of your rights or if you feel your rights have been violated, please feel free to talk with either Heidi Thompson or myself.

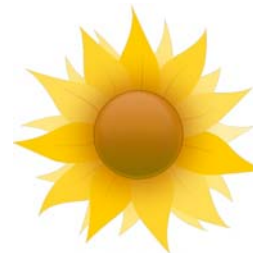
Mail. You have the right to privacy in written communications, including sending and receiving mail promptly that is unopened and to having access to stationary, postage and writing implements at your expense.

Access and visitation rights. You have the right to immediate access by and private communication with the following:

- Any representative of the government;
- Your physician;
- The state long-term care ombudsman and other rights protection and advocacy services;
- The agencies responsible for the protection and advocacy systems for developmentally disabled and mentally ill individuals;
- Your immediate family or other relatives subject to your right to deny or withdraw consent at any time; and
- Others who are visiting with your consent, including your representative, health care agent, a person you designated as having the status of next of kin, and any individual that provides health, social, legal, or other services to you, subject to reasonable restrictions and your right to deny or withdraw consent at any time.

Remember that the entire list of Resident Rights is posted at the front entrance at Prairie Manor. If you have trouble reading them, we will get them to you in a different format—just ask.

**Dawn Sheward, LSW
Social Services**



Activity Bites

We will be attending the Flower Show on August 4th as well as the Steele County Free Fair on August 17th. If you are interested in assisting with the outings please contact Kristin Smith at 507-583-4434 ext. 3006. A Nature Center Outing is also planned for August 18th.

A big thank you to the Church groups for assisting with the 2:00 snack on Sunday afternoons!

Also, please watch for details as Prairie Manor Care Center along with Worlein Funeral Home will be hosting a speaker to come to Blooming Prairie to speak about Grief and Loss. The tentative date for this program is Wednesday August 24th. Details will be announced as soon as they are finalized.

Prairie Manor Auxiliary

Prairie Star

June 27, 2011

Co-president, Sandra Novak, opened the June meeting of the Auxiliary with everyone singing "The Battle Hymn of the Republic" followed with prayer. Ardell Swenson of Red Oak Grove Lutheran Church gave the devotions. Roll call was taken with each attending church as follows: First Baptist-None, St. Columbines-Two, Trinity Lutheran-None, Red Oak Grove-Four, First Lutheran-Six, St. Mary's-One. Ardell Swenson (who filled in for absent secretary, Martha Walters) read the minutes which were approved as read. Treasurer, Elaine Trotman gave the Treasurer's report showing a balance of \$917.70.

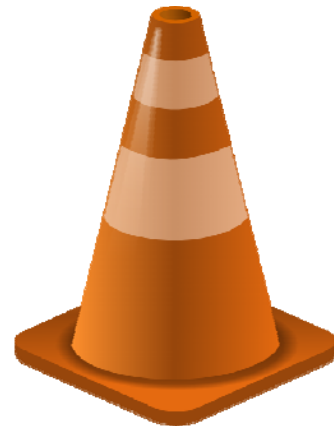
Mark Robinson, Administrator, reported that the road construction is at least two weeks behind; they are hoping it will be done sometime in September. Prairie Manor and Heather Haus are both full. On July 4th the Lions will be serving pancakes at Prairie Manor. The parade will not be going by Prairie Manor and the resident's families are responsible for getting the residents to the parade. The remodeling is complete on the wings; there are still some things to do in the dining room.

In the absence of Kristen Smith, Sarah gave the activities report. In June some residents were taken to the Red Oak Grove Strawberry Festival. In July they are planning to go to Diamond Joe's.

Old Business: Gun raising and an "Open House" were tabled until the street construction is done.

New Business: Some comments have been made concerning the new dishes being too light weight and that they tip very easily. We discussed not having meetings in June, July and August because of the low attendance and finding someone to serve. This was tabled for now. There is also a problem getting Pastors to have the Wednesday Chapel meditation and any suggestions are welcome

"My Country 'Tis of Thee" was the closing hymn. Motion to adjourn was made by Shirley Johnson and seconded by Ardell Swenson. Our next meeting will be July 25, 2011.



News from Heather Haus Senior Living

Prairie Star

Heather Haus, Providing Assisted Living Services to Area Seniors!

Remembering Trading Stamps

What New Senior can forget being given the distinction of licking and pasting a kitchen drawer full of S&H Green Stamps into the collection books so Mom could go to the redemption center and turn them in for merchandise rewards? It could have been Top Value, Triple S, Plaid or Blue Chip stamps. For many years, these bonus stamp programs played a big part in determining where American families shopped.

It started back in 1896 with two men named Sperry and Hutchinson (S&H). It was a way to attract new customer and reward current customers for their loyalty. The concept caught on in many parts of the country, although some states had restrictions such as requiring the stamps be redeemed for cash rather than merchandise. Where this was the case, people would actually drive to another state to find a redemption store.

Most folks viewed the stamps as a way to get “free” merchandise just by patronizing their favorite supermarkets, drug store and gas stations. This belief carried through the mid-1960s. After a series of recessions, retailers lost interest in trading stamps and began offering price discounts to attract customers. Aggressive retailer promotion got the consumers to consider price as an immediate reward rather than wait to redeem stamps for some yet-to-be-determined merchandise in the future.

It did not take long before the stamps started to disappear from the retail checkout counters. Then redemption centers closed. The stamp companies tried other ways of promoting their reward programs, but nothing really took hold. Years later the Internet came on the scene, and marketers looked for ways to sell products and services through this new medium. It was the need to differentiate, reward customers and garner new ones that brought the century old S&H rewards program to Internet retailers.

The name of the program has changed, as did S&H's ownership (the company was bought and sold several times in recent years), but its core concept remained the same. “Greenpoints” are offered by many online retailers: Target, Home Depot, Kohl's, Drugstore.com, Dell, Old Navy, Kmart, Flowers.com, Office Depot, Sears, Shoes.com, iTunes and others.

This phenomenon is not surprising since most marketing concepts are cyclical in nature. Aren't the airline mileage programs a variation of this? American Express offers hotels and other vacation amenities for using the travel points. The company also has an online program to redeem the points for merchandise. Does this seem like a repackaged version of the S&H program?

Of course, the nice part of the modern stamp programs is there's no need to have a special drawer devoted to stamp storage. And, nobody has the job of licking stamps and placing them in a book. Isn't progress wonderful?

For further information, personal tour and /or volunteer opportunities at Heather Haus please call Pam Waters Housing Manager at (507) 583-7399 or e-mail pwaters@prairiemanorinc.com

Welcome New Guests

Shirley Knutson 06/09/11

Discharges

Virginia "Ginger" Bishop 05/03/11
Gladys Njos 07/06/11

Sympathy to the Families of

Signe Ingvalson..... 06/07/11
Karen Linse 06/11/11
Mary Ohius 06/05/11
Florence Freed..... 07/14/11



August Birthdays

Clarisse Urness 8/3
Paul Masching 8/5
Glenda Braaten..... 8/8
Harriet Peterson..... 8/14
Mildred Mahnke 8/14
Art Ingvalson..... 8/15
Florence Freed 8/15
Inez Chapman 8/18

September Birthdays

Gerth "Bud" Anderson 9/6
Berniece Braaten..... 9/8
Edwin Snider 9/13
Donald Brown..... 9/16
Doris Halstenson 9/29

Mark Your Calendar



August 4th
Blooming Prairie Flower Show

August 17th
Steele County Free Fair

August 18th
Nature Center Outing

August 24th
Grief & Loss Speaker—Tentative

Heather Haus

August Birthdays

Joyce Haflinger8/11
June Morgan.....8/15
Carl Haflinger.....8/22
Ellsworth Ulland.....8/23
Norman Otto8/29



Memorial Fund

In Memory of Derek Johnson

Doug & Sandy Novak (Heather Haus)

In Memory of Karen Linse

Doug & Sandy Novak (Heather Haus)

In Memory of Joe Swenson

Roger Amundson (Prairie Manor)

In Memory of Signe Ingvalson

Ardell Swenson (Activities)

In Memory of Burnell Johnson

Darell & Naomi Erickson (Auxiliary)

In Memory of Yvonne Walsh

Marvin & Heidi Thompson (Dining Room)



Don't weep at my grave,
For I am not there,
I've a date with a butterfly
To dance in the air.
I'll be singing in the sunshine,
Wild and free,
Playing tag with the wind,
While I'm waiting for thee.