



# *Prairie Star*

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*“Quality Care with a Small Town Touch” Apr. 2010/May 2010*

## Bird Songs

Oh, there's music in the forests

And there's music in the glen,

As the birds are warbling greetings

To the spring that's come again.



All their piping is so merry

That the woodlands seem to ring,

With the praises of the birdsongs

For the coming of the spring.



Join the joyous woodland chorus

And raise high your voice in cheer,

Join the birdsongs in thanksgiving

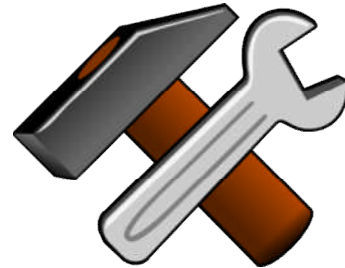
For the springtime of the year!

## Administratively Speaking

Prairie Star

Prairie Manor Care Center has been an important part of the Blooming Prairie Community for the last 40 years. In this time frame, many staff and residents have come and gone from the facility. Many changes, from a physical standpoint have occurred to the building. One thing that has not changed over these many years is the relationships that have developed within and outside the walls of Prairie Manor. The relationships of people are the key for the cohesiveness that withstands the ups and downs in life.

Currently, Prairie Manor Care Center is going through a remodeling process that will totally change the day to day living for the residents. As rooms are vacated and gutted, residents are asked to move into other rooms until their room is complete. This can be upsetting for some if not handled in the correct manner. It is times like these that bonds form between the employees and residents. There is a common challenge (multiple resident moves) and a mutual goal (getting rooms renovated). Through many meetings, planning sessions and direct interaction, relationships become stronger and better than ever before.



I like to think that these relationships and working together for a common cause is the identifying ingredient to our “homelike” atmosphere we have at Prairie Manor. It is often said, “What makes a home-like environment? Is it just the four walls and a roof over our head?” No. It is the warmth, security and relationships that are built between the people living in the building.

In the very near future, this campus will see an upgrade from Independent to Assisted Living at the Heather Haus Apartments. A Housing Manager has been hired and will begin her duties on April 1st. This individual comes with the needed skills and experience to transform Heather Haus into a model assisted living facility. Along with these skill and experience will be a determination of everyone to make life most meaningful for those tenants living at Heather Haus. We will all share a common goal of creating a warm and caring environment for all.

Mark R. Robinson, Administrator

## From the Desk of Social Services

Prairie Star

I would like to spend a little time again this month reviewing a couple of the Resident's Rights. If you ever have any questions about these or any of your rights or if you feel your rights have been violated, please feel free to talk with either Heidi Thompson or myself.

**Equal Access to Quality Care:** The facility must establish and maintain identical policies and practices regarding transfer, discharge, and the provision of services under the state plan for all individuals regardless of source of payment. The state is not required to offer additional services on behalf of a resident other than services provided in the state plan.

**Notice of Bed-Hold Policy and Readmission:** If you transfer to a hospital or go on therapeutic leave, you have a right to return to the facility under the bed-hold policy of the state Medicaid plan if you are on Medicaid, and under the facility's policies regarding bed-hold periods if you are not on Medicaid. The facility should give you a copy of its policy when you transfer or go on therapeutic leave. A nursing facility must establish and follow a written policy under which you will be readmitted to the first available bed in a semi-private room if you require the facility's services and you are both eligible for Medicaid and you have exhausted your hospitalization or therapeutic leave days under the state plan.

Remember that the entire list of Resident Rights is posted at the front entrance at Prairie Manor. If you have trouble reading them, we will get them to you in a different format—just ask.

Dawn Sheward, LSW, Social Services



## Activity News Bites

Many nursing home volunteers have assisted the staff in enriching the lives of the residents in endless ways. Some of the volunteers serve coffee and snacks, some lead religious services, some provide assistance at bingo or another activity, some play musical instruments or lead a sing a long, and some just take time to put a smile on the faces of the residents. Of course, our volunteers help in many other ways but they are just too numerous to mention. So, on National Volunteer week, Celebrating People in Action, it is really a time of celebration and inspiration as we give thanks to our many wonderful volunteers. There will be a volunteer luncheon to honor our special volunteers. Please watch for information regarding the luncheon.

We are in need of people to help with serving coffee and snacks during the months of April through June. If you are interested please contact Kristin Smith at 507-583-4434 ext. 3006 for more details.

Also, if anyone is interested in helping with the Sing Along Group during the month of April, please call activities at 583-4434 ext. 3006. Sing Along Group is held on Wednesday afternoons at 3:00. Thank you!

Kristin Smith, TRS

## Prairie Manor Auxiliary

Prairie Star

February 22, 2010

President for 2010, Kay Noble, opened the February meeting of the Auxiliary. Members and residents joined in singing "Just As I Am" accompanied by Ardis Knutson on the piano. First Lutheran representative, Lu Ann Fairbain read the meditation. The roll call of those present from each area church was recorded. There were no representatives from First Baptist, three from St. Columbanus Catholic, one from Trinity Lutheran, four from Red Oak Grove Lutheran, none from St. Mary's Catholic and seven from First Lutheran. Secretary, Martha Walters, read the minutes and they were approved as read. Treasurer, Elaine Trotman submitted the report which showed a balance on hand to be \$1,394/72.

Mark Robinson, Administrator, thanked the Auxiliary officers of 2009 for their service. Following the State Inspection last Nov., a correction plan was sent in and everything was approved. Four bids for the remodeling of the Left and Center Wing of Prairie Manor have been received and will be voted on at the meeting of the Board.

An ad has been submitted to local newspapers for the position of Manager at Heather House. As of April 1, 2010, Heather House will be licensed to provide extended services. Current residents may continue as they have been or may request the extended services and as well as new residents.

A connecting water pipe link on Center Wing broke during a 17 degrees below zero day. The pipe has been rerouted inside at a cost of \$17,000, which should prevent this from happening again.

Kristen Smith, Activities Director, Thanked the volunteers from St. Columbanus and First Lutheran Churches for serving at afternoon coffee time during the months of January and February. On Feb. 11<sup>th</sup> a "Sweetheart Dinner" was held in the Chapel. Herbert Graff and Pearl Mason were crowned the King and Queen of Hearts. Entertainment was by Marlene Brown.

The Auxiliary books for 2010 are printed and ready for church representatives and officers to pick up. We were reminded that the 5<sup>th</sup> Sunday of the month is no longer covered by the Hollandale Reformed Church and the group responsible for the month should take the 5<sup>th</sup> Sunday.

Old Business: Members discussed how to handle the serving on Sundays during the months of April, May and June. Elaine Trom will contact the Catholic Youth Organization and Confirmation Class of St. Columbanus Church for March serving. The American Legion Auxiliary will be asked to provide volunteers for the month of April.

New Business: Kristen asked if any members would like to donate new potholders for the kitchen. Ella Benson volunteered to make them. It was noted that the new booklets ask for only 5 dozen items to serve on Sundays. With the numbers attending now, 7 to 8 dozen items will be needed. Kristen mentioned that Deb Brown will not be able to do the sing along on Wednesdays at 3:00 p.m. and asked for volunteers

The closing hymn, "I Love To Tell the Story" was sung. Motion to adjourn was made by Naomi Erickson and seconded by Norma Hanson. Next meeting will be held on March 29<sup>th</sup>, 2010.

### Welcome New Guests

Neil Hemmer ..... 2/1/10  
 Marian Heggedahl ..... 2/1/10  
 Florence Vonfeldt ..... 2/2/10  
 Marie Dammen ..... 2/10/10  
 Wilma Noble ..... 2/10/10  
 Thelma Gustafson ..... 2/15/10  
 Lawrence Goodnature .... 2/24/10  
 Signe Ingvalson ..... 2/24/10  
 Truman Johnson ..... 2/25/10  
 Helen Jacobsen ..... 3/10/10

### Discharges

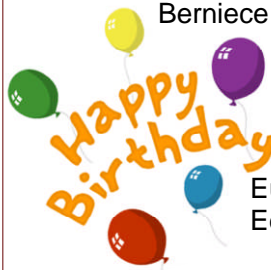
Edward Bustad ..... 2/19/10  
 Thelma Gustafson ..... 3/1/10  
 Lawrence Goodnature .... 3/5/10

### Sympathy to the Families of

Ione Shorter ..... 1/26/10  
 Leo Thiele ..... 2/5/10  
 Lila Long ..... 2/8/10  
 Wilma Noble ..... 2/14/10  
 Thelma Gustafson ..... 3/2/10  
 Frances Schlichting ..... 3/2/10

### April Birthdays

Pearl Mason ..... 4/3  
 Irma Pribyl ..... 4/7  
 Bonnie Thompson ..... 4/13  
 Edith Ellis ..... 4/15  
 Alice Yanke ..... 4/17  
 Berniece Nelson ..... 4/18



### May Birthdays

Eunice Gross ..... 5/4  
 Edwin Garness ..... 5/17

### Mark Your Calendar

April 6, 2010  
 Amazing Mark will be at Prairie Manor to perform a magical show at 10:00



April 9, 2010  
 The Senior Shop will be in the Prairie Manor Chapel from 9:30 – 11:00

April 18-24  
 National Volunteer Week – “Celebrating People in Action”  
 Details for a luncheon to honor our volunteers will be posted at a later time.

May 9, 2010  
 Happy Mother’s Day

May 9 – 15  
 National Nursing Home Week – “Enriching Every Day”  
 Details on Nursing Home Week will also be posted at a later date.



**Memorial Fund**

In Memory of Laurel Grunwald  
(Prairie Manor)  
Roger Eaker

In Memory of Ione Shorter  
Wm & Marcy Grunklee  
Friends & Family

In Memory of Arden Wold  
Robert & Kay Noble  
Ken & Lois Winzenburg

In Memory of Maurice Bassness  
Mark & Becky Noble  
Richard & Evelyn Kubista

In Memory of Lila Long  
Eugene & Mary Trom  
Ardell Swenson (Activities)  
Robert & Carol Prokopec  
Pam Doerhoefer

In Memory of Wilma Noble  
Robert & Kay Noble  
William & Margaret Noble  
Paul & Judy Ulland

In Memory of Frances Schlichting  
Pam Doerhoefer



**Chapel**

In Memory of Ione Shorter  
James & Joyce Johns

In Memory of Lila Long  
James & Joyce Johns



**Heather Haus**

In Memory of Arden Wold  
Merle McNutt  
Esther Hansen



**O Father,  
I thank Thee  
For sacrificing Thy  
Fatherhood for Thy  
Godhood, by  
Giving us Thy Son  
To pay the ransom we could not.  
And by so doing,  
Thy righteous heart was broken also--  
For what Father could bear to see  
His helpless child suffer  
And not rush to his aid?  
--Instead, to leave him  
Intentionally  
Alone.**