



Prairie Star

Prairie Manor Inc.
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Blooming Prairie, MN 55917
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Heather Haus
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"Quality Care with a Small Town Touch" Apr./May 2011

Spring

This Spring is
better than the last
No point
living in the past
Each new season
is there for a reason
Life keeps changing
Just keep rearranging



Administratively Speaking

Prairie Star

Minnesota Nursing Homes are facing one of their most important challenges ever. Funding for their operations are being cut unless the current legislative session decides otherwise. The impact of Governor Dayton's proposed budget would see Prairie Manor receiving a cut of approximately \$50,000 to the bottom line. Staff, along with myself are writing letters to the Governor and legislative leaders urging them to restore cuts to our elderly senior citizens.

The demographic data doesn't lie. According to the state's own numbers, the senior population will grow by 40 percent in the next decade while the population under age 65 will only grow by 4 percent. The number of seniors in our state will surpass the number of school kids by 2025. Given the magnitude of the demographic shifts ahead, the budget priority should be clear: fund care for seniors.



Governor Dayton and the legislature need to prioritize seniors in their budget negotiations by fully restoring proposed cuts to nursing homes and assisted living providers. What's more, nursing homes and assisted living establishments infuse \$6.7 billion into Minnesota's economy every year. This fact alone shows the significant contributions to the state and local economies care centers provide along with providing critical services to our aging population. In many of the smaller communities around the state, care centers are often the largest employers and contribute highly to the financial welfare of these communities.

Don't let what is going on in St. Paul lead to fewer care options for Minnesotans and their families. We need to protect our seniors and preserve the safety net of access to care centers in the state. I urge you to write Governor Dayton and our legislative representatives about the urgency in providing adequate funds for our elderly.

Mark R. Robinson, Administrator

From the Desk of Social Services

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I would like to spend a little time again reviewing a couple of the Resident's Rights. If you ever have any questions about these or any of your rights or if you feel your rights have been violated, please feel free to talk with either Heidi Thompson or myself.

Abuse. You have the right to be free from verbal, sexual, physical, or mental abuse, corporal punishment, and involuntary seclusion, including maltreatment as defined in the Vulnerable Adults Protection Act.

Staff Treatment of Residents. You have the right to have incidents of abuse or neglect or injuries of unknown origin investigated and appropriate corrective action taken. You also have the right to file complaints with the agencies listed on the resident right booklet and poster.

Confidentiality of Records. You have the right to personal privacy and confidentiality of your personal and clinical records. You may approve or refuse the release of personal and clinical records to any individual outside the facility unless you are transferred to another health care institution or record release is required by law or third-party payment contract. You must be notified when personal records are requested by any individual outside the facility, and you may select someone to accompany you when records or information are the subject of a personal interview.

Remember that the entire list of Resident Rights is posted at the front entrance at Prairie Manor. If you have trouble reading them, we will get them to you in a different format—just ask.

**Dawn Sheward, LSW
Social Services**



Activity Bites

Our success is a direct result of the time, energy, and commitment of our Volunteers. I would like to recognize that our Volunteers are exceptional people and they go above and beyond to help enrich the lives of those at Prairie Manor Care Center and Heather Haus in endless ways. The support and compassion that Volunteers bring to people in their time of need is heartwarming. They are always here with a smile to do what is needed and to fill in when others are not able. The time that they give of themselves on top of their busy schedule to make a difference will never be forgotten. We greatly appreciate our Volunteers for all that they give to those around them. We will be honoring our volunteers in April. Please watch for further details.

There are lots of opportunities for volunteering right here in your neighborhood, I challenge you to make that call today and embark on a whole new exciting life experience. If you are interested in volunteering please stop in or call Kristin Smith, Activities Director, at 507-583-4434 ext. 3006

The Senior Shop will be coming to Prairie Manor Care Center in May. Please watch for further details to be sent out. This is a great opportunity to do some shopping for yourself or your loved one close to home!

Kristin Smith, TRS

Prairie Manor Auxiliary

Prairie Star

February 28, 2011

The new co-president, Ardell Swenson, opened the February meeting of the Auxiliary with the volunteer's. Members and residents joined in singing the opening hymn, "I Love to Tell the Story." LuAnn Fairbain, First Lutheran Church representative, read the devotions. Roll call of those present from the different churches was taken. There were no representatives from First Baptist, three from St. Columbanus Catholic, one from Trinity Lutheran, three from Red Oak Grove Lutheran, none from St. Mary's Catholic and seven from First Lutheran. Secretary, Martha Walters, read the minutes and they were approved as read. Kay Noble submitted the financial report for Treasurer, Elaine Trotman, which showed a balance on hand to be \$1, 974.56 on February 28th.

Mark Robinson, Administrator, reported that much had happened since we last met in November, 2010. The Minnesota State Survey took place last month. The Plan of Corrections has been submitted for the five minor deficiencies that were given. The Fire Marshall has also visited and found three small deficiencies which have since been corrected. These are challenging times and the State Budget may be impacting us with decreases in rates. They will be working with the Board of Directors to help solve the budget problems.

Kristen Smith, Activities Director, thanked volunteers from First Lutheran Church for serving on Sundays in January and for serving coffee time today. Please note that the time for afternoon coffee has been changed from 2:30 pm to 2:00 pm as part of the new routine. In April more changes will be made for food choices and eating times. On Wednesday the Residents Council will meet and there will also be an in-service program. On Valentine's Day, Doris and Hank Halstenson were crowned Queen and King. There will be special events planned for Ash Wednesday and St. Patrick's Day. There is music every Thursday afternoon. Outings will be planned as soon as the weather gets nice.



New Business: Servers are needed for the months of March, April, May and June. The question was brought up about the American Legion Auxiliary and VFW Auxiliary serving again this year. Contacts will be made and report back to Kristen.

Pam Doerhoffer showed members samples of new dinnerware that is needed. The color scheme will be white with navy accents. A motion was made by Evelyn Johnson and seconded by Martha Walters to donate \$1,200 from our treasury to fund the purchase of the new dinnerware.

Motion to adjourn was made by Marilyn Wetzel and seconded by Naomi Erickson. All joined in singing "Blessed Assurance."

News from Heather Haus Senior Living

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Heather Haus now provides Assisted Living services to area seniors!

Question: Who is a Volunteer?

Answer: Someone who gives a bit of his or her time, free of charge, to a cause, or an organization, or an event, or another person.

When people speak of volunteering, it often becomes this big issue of giving to others, performing "social service", how often have we said to ourselves, the days just past so fast, I just do not seem to have the time, I'm always so busy, I have so many other things to do? I am guilty of saying the exact same things so I just put myself out there one time for an hour a week, and it grew into a lifestyle. I would not give up my volunteering for anything, I now volunteer for strictly selfish reasons. I do it for myself.

Volunteering gives you an opportunity to change lives, including your own. Encourage the young adults in your life to volunteer, helping others is such an important part of the American way of life.

Volunteering in a senior setting comes in many different forms, some simple ways that you can give to others are: Reading, bingo calling, 1on 1 visiting, shopping for personal items, leading a card or gardening club, playing group table games, nail polishing.....the list is endless. Volunteer applicants will be required to complete a background check and complete some basic training on confidentiality and universal precautions (hand-washing).

Top 10 Reasons to Volunteer.

1. You learn new life skills, volunteers gain professional experience.
2. You get fabulous opportunities, being around motivating people in all walks of life.
3. It's good for you, it provides a surge of positive energy.
4. It brings people together.
5. It promotes personal growth and self esteem.
6. It makes you feel more connected.
7. You learn a lot.
8. A chance to give back.
9. You learn to count your blessings.
10. You can make a difference.



There are lots of opportunities for volunteering right here in your neighborhood, I challenge you to make that call to-day and embark on a whole new exciting life experience.

For further information and/or personal tour, please call Pam Waters Housing Manager at (507) 583-7399 or e-mail to heatherhaus1@gmail.com

Welcome New Guests

Clarence Henderson 02/04/11
Evelyn Peterson..... 02/08/11
Barbara Prantner 02/15/11
Constance Thurneau 02/17/11
Irma Pribyl..... 02/18/11
Lawrence Meisinger..... 02/18/11
Gerth "Bud" Anderson.... 02/25/11
Agnes Schaffer 03/02/11
Mary Oihus 03/04/11
Beverly Stark 03/07/11
Crystal Anderson 03/08/11
Harvey Ille 03/10/11
Gladys Njos 03/14/11

Discharges

Marianna Grimes..... 02/12/11
Donna Wickstrom..... 02/14/11
Gerda Wobschall..... 02/17/11
Arnold Dammen 03/01/11
Clarence Henderson 03/02/11
Barbara Prantner..... 03/07/11
Agnes Schaffer..... 03/16/11

Sympathy to the Families of

Lucille Hertle 01/22/11
Richard Ilk 01/23/11
Ollie Cook 01/24/11
Neil Hemmer 01/28/11
Elva Goodmanson 02/03/11
Gertrude Marquardt 02/21/11
Irene Filley 03/01/11
Constance Thurneau 03/06/11
Evelyn Peterson..... 03/13/11

April Birthdays

Irma Pribyl..... 04/07
Berniece Nelson..... 04/18

May Birthdays

Eunice Gross 05/04



Heather Haus

Welcome New Guest

Marie Kuiters
Arnie Dammen
Ellsworth Ulland

April Birthdays

Ethel Christianson..... 04/07
Irma Pribyl..... 04/07

May Birthdays

Marie Kuiters..... 5/12



Memorial Fund

In Memory of Richard Ilk

Karen Shuler
Kurtis & Bard Bloom
Marilynn Fiebiger
Carol Ingvalson
Richard & Evelyn Kubista
Ken & Lois Winzenburg
Charles & Betty Herdina
Roger & Joanne Sorenson
David & Karen Spinler
Robert & Kay Noble
John Dean & Jackie Olson
Gwen Christiansen
Dan & Beth Trom
Deth & Leon Cook
Howard & Donna Olson
Jan Anderson
Don & Dorlene Bakke
Eugene Motl
Kevin & Tammy Johnson
Vicki Smith
Mike & Karen Linse
Margaret Swenson
Cora Lee Emanuel
Joan Janes
Arlene Helleck
Donna Linse
Rich & Gayle Ivatos
Shirley Manous
Ruth Uselman
Lorraine Reneke

In Memory of Evelyn Novak

Doug, Sandra, & Scott Novak
Darrell & Naomi Erickson
Robert & Loretta Ingvalson

In Memory of Charles Knutson

Mr & Mrs Charles Knutson
Thomas & Elaine Trotman
Debbie Hoffman
Richard & Evelyn Kubista
K & L Winzenburg
Roger Eaker

In Memory of Ollie Cook

Alan & Barbara Cook

In Memory of Irene Filley

Mary & Eugene Trom
Barbara & Ronald Manbeck
Darell & Naomi Erickson

**In Honor of
Bob & Marian Becker**

William Becker
Jon & Mary Lilliquist

